2022 USATF Region 15
Junior Olympic Track & Field Championships
June 23 – 26, 2022

Hosted by the San Diego Imperial Association

Thursday – Friday
June 23-24, 2022
Orange Glen High School
2200 Glenridge Road
Escondido, CA 92027
(Combined Events)

Friday – Sunday
June 24-26, 2022
Orange Glen High School
2200 Glenridge Road
Escondido, CA. 92027
(See Schedule)

Sunday
June 26, 2022
University of California, San Diego
9730 Hopkins Drive
San Diego, CA 92121
(Steeplechase, Hammer, Javelin)

Age Divisions & Eligibility & Requirements

Age Divisions	
** 7 – 8 year old	(2014 – 2015)
9 – 10 year old	(2012 – 2013)
11 – 12 year old	(2010 – 2011)
13 – 14 year old	(2008 – 2009)
15 – 16 year old	(2006 – 2007)
*** 17 – 18 year old	(2004 – 2005)

** Per USATF Rule, Article VI, Section I, Rule 300.1(c), "Athletes must be at least seven (7) years of age on December 31st of the current year to compete at the Youth Athletics or Junior Olympic National Championships." An athlete who is not 7 by 12/31/22 may compete at the Association Championships but will not advance to the Regional Junior Olympic Championships.

***Per USATF Rule, Article VI, Section I, Rule 300.1(d), "Athletes who are still eighteen (18) years of age through the final day of the National Junior Olympic Track and Field Championships shall be eligible to compete in the 17–18-year-old division through that meet." The last day of competition is July 31, 2022.

Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. Please refer to USATF Rule 300.1 (h) for residency requirements by reviewing the following link which can be found on page 164 of the 2022 USATF Competition Rules **https://www.usatf.org/governance/rule-books** .

A competitor must compete in his/her age division only. Competitors in the 7-8 through 11–12-year-old divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13-14 through 17-18 divisions may compete in a maximum of four (4) events, including relays. All athletes must be registered 2022 members of USATF in good standing. An athlete competing in a Combined (Multi) event is advised the event does not count towards their maximum number of events.

Relay Teams: Only registered 2022 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

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ENTRY PROCESS:
Only athletes who are registered and current members in good standing with USATF may compete. USATF membership must be completed online at **www.usatf.org**. This meet is part of the Junior Olympic Championships Series (Association, Region, National). An athlete must have competed at a prior meet unless waived into these championships. See 2022 USATF Competition Rule 306 for additional clarification.

PROOF OF AGE: All athletes **must** have their age verified **prior** to registering on the online system. Athletes or parents should upload an acceptable proof of birth to their USATF connect account. The national office will verify the birthdate. In any case, proof of age **must** be completed in the national membership database five (5) business days prior to the close of registration. You must allow sufficient processing time for data entry into the national membership database. Per USATF Rule 300.1(i), acceptable proof of age shall be a copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. No other proof will be accepted. No exceptions. For more information about the birthdate verification process review: https://www.usatf.org/home-normal/top-utility-nav-content/membership/date-of-birth-verification-policy.

On-Line Registration: Athletic.Net is the on-line entry system for the USATF Junior Olympic Series. Entry must be completed by the established declaration period. To enter the meet, go to **www.athletic.net** and select the meet listed on the calendar of events.

It is anticipated the system will be available for declaration of entries on **Tuesday, June 14, 2022**. The entry period will open for 72 hours to allow athletes that advanced from their Association Meet to declare entry to regionals. Once the 72 hour period has closed then entry will be made available to additional athletes to declare for any open event slot to complete each Association's allotment of athletes to events. Associations are allotted eight (8) entrants per event. The second declaration period will last 24 hours.

It is the responsibility of coaches and/or athletes desiring entry into the regional meet to monitor the declaration periods for entry open/closed dates and times. In event of any deviation from the above, notice will be provided to the Association's Youth Chairs to communicate and the on-line entry system.

WAIVER & RELEASE: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is integrated in the online entry system and must be completed electronically upon registering an athlete for the meet.

ENTRY FEES:

Individual Entry:	**$9** per event	Relay Entry:	**$36** per relay team
Triathlon & Pentathlon:	**$17** per athlete	Decathlon, Heptathlon:	**$22** per athlete

Entry fee must be paid prior to athlete participation. Entry fee must be paid online via the online registration system prior to the close of the entry period. There is processing fee. The host association, USATF San Diego Imperial does not receive any proceeds from this fee.

ADVANCEMENT: The top **5** individuals and relay teams in each event and the top **2** individuals in combined events and any others who meet the performance standard shall advance to the National Junior Olympic Championships to be held June 25-31, 2022, in Sacramento, California, at Hornet Stadium, California State University, Sacramento (aka Sacramento State). The link to this meet is: https://www.usatf.org/events/2022/2022-usatf-national-junior-olympic-track-field-cha .

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AWARDS: USATF Region Junior Olympic medals will be awarded to the top **5** individuals and relay teams in each event of each age division.

PACKET PICK UP: Teams and Unattached athletes may pick up their packet in the Stadium Press Box at Orange Glen High School on the following schedule:

Packet Pick Up Schedule	
Date	Time
Thursday, June 23rd	8:00 AM – 10:00 AM
Friday, June 24th	8:00 AM – 12:00 PM & 4:00 PM – 7:30 PM
Saturday, June 25th	7:00 AM – 12:00 PM
Sunday, June 26th	7:15 AM – 9:15 AM

An athlete competing only at the University of California, San Diego (UCSD) can pick-up their competition bib number at the site upon request.

EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib number on the front of their jersey/uniform. Bid Numbers will be placed in team or unattached athlete packets. The replacement cost for a lost bid is **$5** payable by cash only to USATF San Diego Imperial Association.

IMPLEMENTS:
All implements must be weighed at the designated area to be announced according to the schedule below:

Implement Weigh In Schedule		
Date	Time	Site
Thursday, June 23rd	8:00 AM – 11:00 AM	Orange Glen High School
Friday, June 24th	8:00 AM – 12:00 PM	Orange Glen High School
Saturday, June 25th	7:00 AM – 3:00 PM	Orange Glen High School
Sunday, June 26th	7:15 AM – 9:15 AM	Orange Glen High School
Sunday, June 26th	See Schedule of Events	University of California, San Diego

COACHES MEETING: A meeting will be held at center of the infield on Saturday, June 25, 2022, at 7:50AM. Only coaches who are three step complaint (USATF Membership, Background, Safe Sport) are permitted to attend. Access to the infield, competition areas and the warm-up area will be given only to club coaches and unattached coaches or club administrators whose name appears in the USATF's 3 Step Safe Sport Compliance List (https://usatf.sport80.com/public/widget/1). Wristbands will be provided in club packets and must be worn for the duration of the meet. Everyone is responsible to ensure their name is listed prior to the meet.

EVENT RESULTS: During competition, event results will be posted. Live results are anticipated for this meet. In addition, results will be posted on www.athletic.net and https://sandiego.usatf.org/programs/youth.

PROTESTS: There will be a **$75.00 cash only** fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced. The fee will be refunded if the protest is upheld.

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FACILITY:

Orange Glen: The track is a nine lane all weather surface. **Only 3/16th needles spikes** may be used on the track and runways (high jump, long jump, triple jump and pole vault.) Spikes are subject to inspection prior to an athlete's participation. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. USATF Club canopies only are restricted to the top rows of the stadium and other designated places as established by meet management. The mini and aero javelin will be conducted on a synthetic grass surface. The facility includes two shot put rings, one discus ring, two long/triple jump pits and two high jump areas.

UCSD: The steeplechase event will be contested at Triton Stadium, an eight lane Proturf surface track. **¼ Inch maximum pyramid spikes for track and 3/8 inch maximum** for the javelin throw. The javelin throw will be contested in the stadium's infield with an all-weather runway surface. Eucalyptus trees line the perimeter of the stadium. The hammer throw is located outside the stadium near the track. See the following link for details about parking rates: https://transportation.ucsd.edu/visit/visitor/index.html .

CONCESSION: A concession stand will be operated by a USATF San Diego Imperial Association Club.

EVENT MERCHANDISE: Commemorative clothing (Tee Shirts, Sweatshirts, etc.) will be available for purchase. Please refer to the registration deadline to have athlete/team names printed on merchandise.

RULES – CONDUCT & FACILITY: The meet is sanctioned by USATF. USATF rules will apply at this competition. All athletes and spectators are expected to abide by rules as established by the Games Committee and Orange Glen High School. Smoking and alcohol is prohibited on school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Coaches and/or Club Administrators must visibly display their Coach/Administrator Badge to have access to direct event areas and athletes.
- Athletes must warm-up in the designated warm-up area(s).
- Canopies must be secured and are limited to the top portion of the stadium. The top rows of seating are reserved for youth clubs. Use of oversized umbrellas in the mid and lower areas of stadium seating may be restricted if they impede spectator views.
- No amplified music in permitted in the stadium bleachers.
- No food or drink other than water is permitted on the track infield.
- No sunflower seeds or shelled nuts are permitted in the stadium seating.
- Smoking and alcohol possession or consumption is not allowed in event areas or anywhere on the school campus including the parking lot.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Recreation Vehicles (RVs) must park in pre-designated areas as determined by meet management.
- Vehicles must be parked in designated stalls. An illegally parked car is subject to tow without warning.

Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.

VENDOR BOOTH: Vending opportunities are available by contacting youth@sandiego.usatf.org . All vendors must be approved by the Youth Chair before operating on school grounds.

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For Questions Contact:

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Schedule of Events

Thursday, June 23, 2022 @ Orange Glen High School

Combined Events:

9:00AM **Heptathlon (Day 1)** 15-16G & 17-18W
100m Hurdles (33”)
High Jump
Shot Put (4kg)
200m Dash

9:30AM **Pentathlon** 13-14B & 13-14G
100m Hurdles (30”) G, (33”) B
Shot Put (6lb) G, (4kg) B
High Jump
Long Jump
800m (G), 1500 (B) Run

10:00AM **Decathlon (Day 1)** 15-16(B) & 17-18M
100m Dash
Long Jump
Shot Put (12lb)
High Jump
400m Dash

Friday, June 24, 2022 @ Orange Glen High School

Combined Events:

9:00AM **Heptathlon (Day 2)** 15-16G & 17-18W
Long Jump
Javelin Throw (600g)
800m Run

9:00AM **Decathlon (Day 2)** 15-16B & 17-18M
110m Hurdles (39”)
Discus Throw (1.6kg)
Pole Vault
Javelin Throw (800g)
1500m Run

9:30AM **Pentathlon** 11-12G & 11-12B
80m Hurdles (30”)
Shot Put (6lb)
High Jump
Long Jump
800 (G), 1500 (B) Run

11:00AM **Triathlon** 9-10G
Shot Put (6lb)
High Jump
200m (G), 400m (B) Dash

11:45AM **Triathlon** 9-10 (B)
Shot Put (6lb)
High Jump
200m (G), 400m (B) Dash

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Schedule of Events

Friday, June 24, 2022 @ Orange Glen High School

Running Events: 5:30 PM; 1st Call 5:00 PM

3000 Meter Run	(Final)	11-12g through 17-18m
400 Meter Dash	(Semi-Final)	All Divisions beginning with 7-8g through 17-18m

Field Events: 5:00 PM; 1st Call 4:30 PM

Long Jump	(Final)	15-16g, 15-16(b)

Saturday, June 25, 2022 @ Orange Glen High School

Running Events: 8:30 AM; 1st Call 8:00 AM

3000 Meter Race Walk	(Final)	13-14g, 13-14b, 15-16g, 15-16b, 17-18w, 17-18m
1500 Meter Race Walk	(Final)	9-10g, 9-10b, 11-12g, 11-12b
110 Meter Hurdles	(Qualifying)	15-16b, 17-18m
100 Meter Hurdles	(Qualifying)	13-14b, 15-16g, 17-18w, 13-14g
80 Meter Hurdles	(Qualifying)	11-12g, 11-12b
1500 Meter Run	(Final)	7-8g through 17-18m
100 Meter Dash	(Qualifying)	All Divisions beginning with 7-8g through 17-18m
400 Meter Dash	(Final)	All Divisions beginning with 7-8g through 17-18m
4 x 800 Meter Dash	(Final)	11-12g – 17-18b
4 x 100 Meter Dash	(Qualifying)	All Divisions beginning with 7-8g through 17-18m
200 Meter Dash	(Qualifying)	All Divisions beginning with 7-8g through 17-18m

Field Events: 8:00 AM; 1st Call 7:30 AM

High Jump (Pit 1)	9-10g, 11-12g, 13-14g, 15-16g,17-18w
High Jump (Pit 2)	9-10b, 11-12b, 13-14b,15-16b,17-18m
Long Jump (Pit 1)	17-18w, 9-10g, 7-8g
Long Jump (Pit 2)	17-18m, 9-10b, 7-8b
Aero Javelin	11-12g, 11-12b
Mini-Javelin	9-10g, 9-10b, 7-8g, 7-8b **[1st Division Contested after Aero Javelin]**
Shot Put	13-14g, 13-14b, 15-16g, 15-16b, 17-18w, 17-18m
Discus	17-18w,17-18m,11-12g,11-12b,15-16g,15-16b,13-14g,13-14b

Note: The 4x100 Relay to be contested on Sunday, June 26th if nine (9) or less clubs report to the Clerk of the Course.

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Schedule of Events

Sunday, June 26, 2022 @ University of California, San Diego (UCSD)

Running Events: 7:45 AM; 1st Call 7:25 AM

2000 Meter Steeplechase	15-16g, 17-18w, 15-16m, 17-18m

Field Events: 8:15 AM; 1st Call 7:55 AM

Hammer Throw	15-16g, 15-16g, 17-18w, 17-18m
Javelin Throw	13-14g, 13-14b, 15-16g, 15-16b, 17-18w, 17-18m

Note: ¼ inch maximum pyramid spikes only for track event. 3/8-inch maximum pyramid spikes permitted for the javelin throw.

Implements: The Weights and Measuring Station will be operational beginning at 7:30 AM and remain open for 15 minutes prior to the start of the last division scheduled to compete. The station may closer sooner if all competitor implements are weighed prior to the start of the last division. All athlete owned implements must be weighed prior to competition.

Sunday, June 26, 2022 @ Orange Glen High School

Running Events: 9:00 AM; 1st Call 8:30 AM

400 Meter Hurdles	(Final)	15-16g, 15-16b, 17-18w, 17-18m
200 Meter Hurdles	(Final)	13-14g, 13-14b
4 x100 Meter Relay	(Final)	All Divisions beginning with 7-8g through 17-18m
100 Meter Dash	(Final)	All Divisions beginning with 7-8g through 17-18m
800 Meter Run	(Final)	All Divisions beginning with 7-8g through 17-18m
200 Meter Final	(Final)	All Divisions beginning with 7-8g through 17-18m
110 Meter Hurdles	(Final)	15-16b, 17-18m
100 Meter Hurdles	(Final)	13-14b, 15-16g, 17-18w, 13-14g
80 Meter Hurdles	(Final)	11-12g, 11-12b
4 x 400 Meter Relay	(Final)	All Divisions beginning with 7-8g through 17-18m

Field Events: 8:45 AM; 1st Call 8:15 AM

Long Jump	11-12g, 11-12b, 13-14g, 13-14b
Triple Jump	17-18w,17-18m,15-16g,13-14g,13-14b **[Contested after Long Jump]**
Shot Put	9-10g, 9-10b, 11-12g, 11-12b, 7-8g, 7-8b
Pole Vault	13-14g, 13-14b, 15-16g, 15-16b, 17-18w, 17-18m **[1st division of Pole Vault commences at 9:45AM]**